


October 2021

Hmong Community Senior Dining
New Location - First Presbyterian Church

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
Suggested meal cost donation for 2021 is \$5.25. Actual cost is \$8.75	*Contains nuts. Please note, our kitchen is NOT a nut-free facility. Menu may be subject to change.			
4	5	6	7	8
			Baked Chicken Thigh Mashed Sweet Potatoes Vegetable Bean Soup Peaches WW Bread Pepper Sauce	
11	12	13	14	15
			Pork Fried Rice Broccoli Pineapple Pepper Sauce Fortune Cookie	
18	19	20	21	22
			Orange Chicken Brown & White Rice Peas Mixed Fruit Pepper Sauce Apple Bar	
25	26	27	28	29
			Baked Lemon Grass Chicken Parsley Boiled Potatoes Carrots Tropical Fruit WW Bread Pepper Sauce	